



Spend one day learning the steps of Solution Focused Coaching
& enjoying the solution focused approach to thinking

Solution Focused Coaching for Managers/Professionals

Why?

- Because coaching has proved to be a great tool for performance & team engagement
- Because coaching can yield a ROI of +400%
- Because Solution Focused Coaching focuses on solutions, instead of problems
- Because Solution Focused Coaching is practical and easily applicable.

What will you gain:

- You will learn how to focus on solutions, instead of problems
- You will try out and practice solution focused coaching on real issues
- You will take away a "ready to use" tool for your job
- You will reflect & share experiences with colleagues

What else ?

The course is accredited as Continuing Coach Education (CCE) by the International Coach Federation



Pricing?

The course costs 275 Euros & VAT. Includes workshop, training book, tools, coffee breaks & lunches etc. Payable before starting date at the following accounts: Alpha bank IBAN GR100 140 1580 158 00 2320 007 841 or Eurobank IBAN GR570 2603 740000 7302 0024 9939

Facilitators?

The workshop is facilitated by **Krysta Tzelepi & her colleagues**. Krysta is the owner & Managing Partner of Treasure Lab Ltd, a pioneer in bringing coaching to the greek market, in 2004. She and her colleagues have trained over 1700 mgrs at all levels in coaching skills. Krysta was the first coach in Greece to be trained and accredited by the International Coach Federation in 2005 and has been a PCC since 2010, with over 1400 hrs of coaching experience. She speaks regularly at forums and writes on solution focus and the strengths based approach. Founding member of both Hellenic Coaching Association and International Coach Federation-Greek Chapter.

Treasure Lab Ltd (www.treasurelab.net) is a boutique company operating in S.E. Europe that helps executives and teams become more effective & manage change. We design practical programs that have steps and bring results – ROI. Solution focused coaching programs, executive & team coaching, developing mgmt skills, communication & feedback programs, programs that boost Resilience, etc. are some examples.

Client companies include: Alpha bank, BIC Viorex, Boehringer Ingelheim, Citibank, Coca Cola HBC, Ericsson, IKEA, Mondelez Greece, National Bank of Greece, Novartis, Papastratos Philip Morris, Roche, TITAN Cement etc.



Treasure Lab
Coaching & Development for Change

For more info please call +30 210 80 66 257 or email at krysta@treasurelab.net

Especially useful for all those that lead teams

A. Kallipolitis

Investment Research & Advice
Head Citibank

Becoming familiar with a great tool which helps all those that work in a team, to cooperate better. Very good facilitation from the trainers: Lively, interactive and effective!

Y. Yannopoulos

Zepos & Yannopoulos
Legal and Tax Consultants

A quick, effective and useful tool that, when used correctly, can help the executive take off.

E. Mormori

HR Mgr Swatch Group

This was a good beginning for me to change my focus from problems to designing solutions. Treasure Lab's trainers bring action, knowledge & fun to the course.

M. Dimapoulou

Acct Director Asset Ogilvy

I really loved the fact that it helps you to focus on building solutions and leaves the problem alone...

T. Papafotopoulos

HR Director, BIC World Greece

Every day work entices you to focus on problems and mistakes. Solution focused coaching is a first step in orienting yourself to strengths & how you can make them work to your benefit.

P. Tsigkourakos

Citibank Decision Mgmt