



# Strengths Feedback & Communication Online Workshops Edition with Krysta Tzelepi & Nikos Polidis

A newly designed online training series! **Don't miss it!**

Ideal for those who need sound communication tools to boost engagement. We will explore positive communication & strengths feedback, together with difficult conversations and turning a feedback discussion into coaching for solutions.

Online training sessions are fully interactive, with mandatory video participation, interactive exercises, online practice in breakout rooms, discussions in plenary, ready-to-use tools and a personal action plan.

## What will I learn?

- How Feedback became a Major Player in Performance Mgmt
- What Neuroscience says about Strengths Feedback
- Acknowledgement & Engagement
- Practicing the ABC Technique
- Preparing for Difficult Conversations
- Using Coaching Questions to Find Solutions

**Action Plan:** how can I use feedback today?

- *A practical approach to feedback, for an easy application to work from the next day. K.Skouteri, Learning & Development Mgr. Athens International Airport - AIA*
- *I loved the fact that most of the time of the workshop was dedicated to practice and role plays. N.Giannios, Dpt Supervisor Eurobank FPS*
- *Complete knowledge of the topic with a great ability to transmit this knowledge. N.Pappas, Factory Supervisor Tupperware*
- *Successful, targeted and focused training of professionals from various sectors, for an important topic. V.Sieli, Office Manager GPMA*
- *There was intense team engagement and the team activities, together with sharing helped a lot in understanding the topic. D.Gavri, HR Learning & Development Papastratos - PMI*

**Krysta Tzelepi**, M.A., PCC is a solution focused business coach, team facilitator and the founder, Managing Partner of Treasure Lab Ltd. Together with her team, she works with large greek and multinational companies in designing & implementing coaching & mgmt development programs. The programs are practical, contain steps, use coaching as a tool for change and bring tangible results.

As an ICF accredited PCC coach, with over 2000 logged in hours, she is one of the pioneers who brought coaching to the Greek market in 2004 and who later introduced solution focused coaching in Greece. Since 2011, she runs the Solution Focused Coaching School, for internal coaches only, in cooperation with SolutionSurfers International, of which she is an International Faculty Member.

Krysta has also been trained as a Certified Professional Co-active Coach, an Authorized Team Facilitator by TCI and in 2019, she became a PCC Assessor, for the ICF.

As a speaker, she has appeared at HR and Management Conferences in Greece, Turkey, Romania etc. as well as TEDx events.

In November 2019, she spoke at the 15th People Management Seminar organized by Boussias, about the Coaching program designed for Leroy Merlin, that received an HR Award.



**Nikos Poldis**, Senior Associate is an experienced team facilitator & coach with over 3500 hours of experience in executive and team development. He is trained and certified as a Master Neuro-Linguistic Programming Coach (NLP) from the Hellenic NLP Academy, is an Authorized Trained User of Lego Education WeDo2.0 & Mindstorms EV3, Eduk8, and Facilitator of LEGO® Serious Play® Method, AvMM ACADEMY, and always in love with the combination of learning and playing.

As a team facilitator/coach, he is an Authorized Facilitator in Team Coaching International's Team Diagnostic Tools, adding the team assessment element in team performance programs. He has extensive experience with large groups and teams in interactive learning settings and is a highly skilled facilitator. With a B.A. in Marketing Management, a Certified Adult Trainer from EOPPEP, he has been serving clients in large organizations, through partnerships in the last 5 years.

He has also designed and delivered training courses for real estate professionals and other services providers. His CSR activities include designing, developing and delivering over 50 training sessions on computer usage topics, like Skype, Microsoft Office, File organization, etc. for elderly groups of people. In his free time, he loves to create different things with his hands, gardening, walking with his two dogs and canoeing.