



SOLUTION FOCUSED TEAMS

Surfing the Waves

Designed for newly formed or seasoned teams that need to embrace change and move forward, in a solution oriented way.

A structured program combining team & executive coaching, pre and post measures, workshops, research-based tools & solution focused methodology.

Benefits

- Assessing Team Strengths & Capitalizing on them
- Discovering Desired Future & Strategizing on Actions
- Enhancing Trust, Collaboration & Communication
- Establishing Common Team Practices & Culture

Indicative Content:

- Individual & Team Strengths
- The Solution Focused Approach to Teams: Vision
- Team Coaching International Diagnostic Assessment
- Building Trust & Psychological Safety
- The Neuroscience of Positive Communication
- Feedback & Feedforward
- The Desired Future
- Recurring Action Plans
- Executive Coaching Sessions for the Leader





Krysta Tzelepi, M.A., PCC is a seasoned solution focused leadership coach, team facilitator with over 2000 hours of coaching executives at all levels. She is the founder, managing partner of Treasure Lab Ltd, an International Faculty Member of Solution Surfers and a Celemi business partner for Greece and Cyprus.

Together with her colleagues and the client, they co-create coaching & leadership development programs. The programs are practical, contain steps, use coaching as a tool for change and bring tangible results. So far, over 4,000 executives have participated in such programs. Clients are large and multinational companies, indicatively: Alpha Bank, BIC, Eurobank, Fraport, JTI, Lafarge, Leroy Merlin, L'Oreal, Mitsis Hotels, National Bank of Greece, Novartis, TITAN and others.

With studies in Psychology and an M.A. from Tufts University, Krysta started her career in HR and served as an HR Manager for Marks & Spencer, as Learning & Development Mgr for Citibank, before making a shift to Learning & Executive Development with her own consultancy firm in 2000.

As an ICF accredited PCC coach, since 2010, with over 2000 logged in hours, she is one of the pioneers who brought coaching to the Greek market in 2004 and who later introduced solution focused coaching in Greece. Since 2011, she runs the Solution Focused Coaching School, for internal coaches only, in cooperation with SolutionSurfers International. In 2019 the Coaching program that she designed for Leroy Merlin received an HR Award.

Krysta has also been trained as a Certified Professional Co-active Coach, is an Authorized Team Facilitator by TCI and in 2019, she became a PCC Assessor, for the ICF. As a speaker, she has participated in HR and Management Conferences in Greece, Turkey, Romania etc. as well as TEDx events.

The Facilitators



Nikos Polidis, Senior Associate is an experienced team facilitator & coach with over 3500 hours of experience in executive and team development. He is trained and certified as a Master Neuro-Linguistic Programming Coach (NLP) from the Hellenic NLP Academy, is an Authorized Trained User of Lego Education WeDo2.0 & Mindstorms EV3, Eduk8, and Facilitator of LEGO® Serious Play® Method, AvMM ACADEMY, and always in love with the combination of learning and playing.

As a team facilitator/coach, he is an Authorized Facilitator in Team Coaching International's Team Diagnostic Tools, adding the team assessment element in team performance programs. He has extensive experience with large groups and teams in interactive learning settings and is a highly skilled facilitator. With a B.A. in Marketing Management, a Certified Adult Trainer from EOPPEP, he has been serving clients in large organizations, through partnerships in the last 5 years.

He has also designed and delivered training courses for real estate professionals and other services providers. His CSR activities include designing, developing and delivering over 50 training sessions on computer usage topics, like Skype, Microsoft Office, File organization, etc. for elderly groups of people. In his free time, he loves to create different things with his hands, gardening, walking with his two dogs and canoeing.