

1 Day SF Coaching

Online Workshops Edition

with Krysta Tzelepi M.A, PCC
Managing Partner Treasure Lab PC

One Day Solution Focused Coaching in 2 online training sessions.

Fully interactive, containing activities, online practice in breakout rooms, discussions in plenary, ready-to-use tools and a personal action plan.

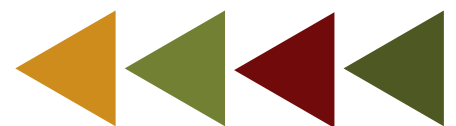
Ideal for those who want to learn what coaching is and how it works.

Especially for those who want practical tips and ideas on how to practice solution focused coaching with their team and peers.

Research has shown that systematic coaching boosts engagement in teams.

What will I learn?

- Focusing on Solutions - The SF Methodology
- Practicing Solution Focused Coaching
- The Solution Focused steps as a “ready to use” tool
- Questions that Help
- The Scaling Tool
- The Use of Sparkling Moments



Action Plan: how will I add “coaching moments” to my work life

- *Interactive, appropriate and contemporary content! Excellent facilitators and venue.*
M.Georgiadi, Performance & Talent Senior Mgr OTE Group
- *An interesting, refreshing, useful, multi-faceted workshop, with emphasis on the outcome.*
I enjoyed it! D.Ganoudis, Head of Great Place to Work
- *To get stuck on the problem is what we usually do. What really excited me in the Solution Focused approach is that it helped me to focus and spend more energy in finding solutions.*
T.Passas, HR Director Hilton Athens
- *Despite my sound knowledge of coaching so far, this workshop was revealing, I discovered new perspectives! S. Sfakaki, HR Director, PRIORITY S.A.*
- *It was definitely one of the best workshops I have ever attended!*
V. Kyriazis Logistics Manager, Sarmed

Krysta Tzelepi, M.A., PCC is a solution focused business coach, team facilitator and the founder, Managing Partner of Treasure Lab Ltd.

Together with her team, she works with large greek and multinational companies in designing & implementing coaching & mgmt development programs. The programs are practical, contain steps, use coaching as a tool for change and bring tangible results.

As an ICF accredited PCC coach, with over 2000 logged in hours, she is one of the pioneers who brought coaching to the Greek market in 2004 and who later introduced solution focused coaching in Greece. Since 2011, she runs the Solution Focused Coaching School, for internal coaches only, in cooperation with SolutionSurfers International, of which she is an International Faculty Member.

Krysta has also been trained as a Certified Professional Co-active Coach, an Authorized Team Facilitator by TCI and in 2019, she became a PCC Assessor, for the ICF.

As a speaker, she has appeared at HR and Management Conferences in Greece, Turkey, Romania etc. as well as TEDx events.

In November 2019, she spoke at the 15th People Management Seminar organized by Boussias, about the Coaching program designed for Leroy Merlin, that received an HR Award.



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TEAM COACHING INTERNATIONAL PRODUCTS

