

# ReLaunch



**In 4 group coaching sessions, you will:**

- **Gain Clarity on Values & Strengths**
- **Explore your Personal Destination**
- **Work on 2 Impactful Goals**
- **Be coached by Krysta Tzelepi, PCC**
- **Connect with Others & Share Experiences**

**Reconnect to your Strengths  
Explore your Vision &  
Work on Your Goals**

**Contact us at:  
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# ReLaunch

## Group Sessions

- **1st Session**
- **2nd Session**
- **3rd Session**
- **4th Session**

## How you will benefit:

- You will boost awareness on strengths and resources
- You will define a personal vision that drives you
- You will specify 2 key goals and solution
- You will benefit from Peer Support and Peer Coaching

**And you will be....ready to relaunch yourself!**



# Facilitator Coach

**Krysta Tzelepi, M.A., PCC** is a seasoned solution focused leadership coach, team facilitator with over 2000 hours of coaching executives at all levels. She is the founder, managing partner of Treasure Lab Ltd, an International Faculty Member of Solution Surfers and a Celemi business partner for Greece and Cyprus.

Together with her colleagues and the client, they co-create coaching & leadership development programs. The programs are practical, contain steps, use coaching as a tool for change and bring tangible results. So far, over 4,000 executives have participated in such programs. Clients are large and multinational companies, indicatively: BIC, Eurobank, Fraport, JTI, Lafarge, Leroy Merlin, L'Oreal, Mitsis Hotels, Novartis, Thenamaris, TITAN and others.

With studies in Psychology and an M.A. from Tufts University, Krysta started her career in HR and served as an HR Manager for Marks & Spencer, as Learning & Development Mgr for Citibank, before making a shift to Learning & Executive Development with her own consultancy firm in 2000.

As an ICF accredited PCC coach, since 2010, with over 2000 logged in hours, she is one of the pioneers who brought coaching to the Greek market in 2004 and who later introduced solution focused coaching in Greece. Since 2011, she runs the Solution Focused Coaching School, for internal coaches only, in cooperation with SolutionSurfers International. In 2019 the Coaching program that she designed for Leroy Merlin received an HR Award.

Krysta is a Digital Coach for CoachHub, has also been trained as a Certified Professional Co-active Coach, is an Authorized Team Facilitator by TCI and in 2019, she became a PCC Assessor, for the ICF. As a speaker, she has participated in HR and Management Conferences in Greece, Turkey, Romania etc. as well as TEDx events.