

# The Emotionally Intelligent Leader

- Start your Emotional Intelligence Journey!
- Learn how to motivate and engage your team, by navigating emotional intelligence elements at work!

A unique online series combining: EI assessment, 2 online workshops & one coaching session

## **The Benefits from your Journey with us:**

- enhance your EI self-awareness
- explore the 4 components of Emotional Intelligence & practice on real life scenarios
- learn how to make EI a success factor in your role as a leader, working virtually
- apply new strategies to unexpected stressors
- devise a measurable personal action plan to make EI progress happen

**The World Economic Forum places Emotional Intelligence in the top 10 skills you need to thrive in the 4th Industrial Revolution** (Future of Jobs Report, World Economic Forum)

**Very good presentation and explanation of the topic without too much theory and analysis. Nice and realistic cases.**

*Dimitris Amountzias, General Manager at Ramira, Mitsis Hotels.*

**The workshop had flow, a balanced combination of theory, discussion and practice.**

*Panagiotis Tsakiridis, HR Management & Operations at Elta Courier*

**We learned how to use Emotional Intelligence as a success factor!**

*Sotiris Bilis, General Manager at Faliraki, Mitsis Hotels*

## The Facilitator

**KRYSTA TZELEPI, M.A., PCC** is a seasoned solution focused leadership coach, team facilitator. She is the founder, Managing Partner of Treasure Lab PC, an International Faculty Member of Solution Surfers and a Celemi business partner for Greece & Cyprus. Krysta has also been trained as a Certified Professional Co-active Coach, a certified IC Agile coach, is an Authorized Team Facilitator by TCI and in 2019, she became a PCC Assessor, for the International Coaching Federation-ICF.

With studies in Psychology and an M.A. from Tufts University, Krysta started her career in HR and served as an HR Manager for Marks & Spencer, as Learning & Development Mgr for Citibank, before making a shift to Learning & Executive Development with HRDC, her own consultancy firm in 2000.

An ICF accredited PCC coach, since 2010, she is one of the pioneers who brought coaching to the Greek market in 2004 and who later introduced solution focused coaching in Greece. Since 2011, she runs the Solution Focused Coaching School, for internal coaches only, in cooperation with SolutionSurfers International. As a speaker, she has appeared at HR and Management Conferences in Greece, Turkey, Romania etc. as well as TEDx events.

At Treasure Lab, together with her team and the client, they co-create coaching & leadership development programs for large and multinational organizations. The programs are practical, contain steps, use coaching as a tool for change and bring tangible results and ROI. In 2019 the Coaching program that they designed for Leroy Merlin received an HR Award.

Krysta is a founding member and President 2021 of ICF Greece, a founding member of HCA-EMCC and a member of GPMA.

